

DARE TO DREAM **DECEMBER**

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

The year is running out, but that doesn't mean your dreams are! Whatever you set to accomplish in January can still be on the table. It doesn't have to be marked off by 12/31.

Write down three things you wish to accomplish with the remaining days of 2020, and mark the calendar when they are complete.

Sometimes the holiday season isn't the happiest time of the year. Your EAP offers 24/7 telephonic access to masters-level clinicians. Call (800) 327-4692 to talk.

- 1 _____

- 2 _____

- 3 _____



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