

OUTDOORS IN **OCTOBER**

SUN	MON	TUE	WED	THU	FRI	SAT
				# <input type="checkbox"/> 1	# <input type="checkbox"/> 2	# <input type="checkbox"/> 3
# <input type="checkbox"/> 4	# <input type="checkbox"/> 5	# <input type="checkbox"/> 6	# <input type="checkbox"/> 7	# <input type="checkbox"/> 8	# <input type="checkbox"/> 9	# <input type="checkbox"/> 10
# <input type="checkbox"/> 11	# <input type="checkbox"/> 12	# <input type="checkbox"/> 13	# <input type="checkbox"/> 14	# <input type="checkbox"/> 15	# <input type="checkbox"/> 16	# <input type="checkbox"/> 17
# <input type="checkbox"/> 18	# <input type="checkbox"/> 19	# <input type="checkbox"/> 20	# <input type="checkbox"/> 21	# <input type="checkbox"/> 22	# <input type="checkbox"/> 23	# <input type="checkbox"/> 24
# <input type="checkbox"/> 25	# <input type="checkbox"/> 26	# <input type="checkbox"/> 27	# <input type="checkbox"/> 28	# <input type="checkbox"/> 29	# <input type="checkbox"/> 30	# <input type="checkbox"/> 31

Savor the crisp fall weather with an outdoor scavenger hunt.

Mark your calendar when you complete these fun fall festivities!

- 1. Visit an apple orchard
- 2. Visit a pumpkin patch
- 3. Play in a pile of leaves
- 4. Go to a football game
- 5. Go bird watching
- 6. Go on a hayride
- 7. Press colorful leaves
- 8. Visit a corn maze
- 9. Plant spring bulbs
- 10. Carve pumpkins
- 11. Collect pinecones
- 12. Watch a sunrise or sunset
- 13. Go leaf peeping
- 14. Sit around a bonfire



EMPLOYEE & FAMILY RESOURCES WELLNESS

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